

NEWSLETTER



Welcome to our quarterly newsletter.

Our aim is to keep you informed about the latest updates, health campaigns, and activities taking place within our practice and local community.

If there is anything you would like to see included in future editions of this newsletter, we would be delighted to hear your feedback.

In this issue, we will cover current and upcoming health campaigns, provide updates on staff changes, share Patient Participation Group (PPG) activities, and highlight opportunities to take part in clinical research.

Patient Participation Group

Our Patient Participation Group (PPG), meets every six weeks on a Thursday at 12:00 pm at the surgery. We run a Hot Topic Coffee Morning in partnership with Earl Shilton Methodist Church on the first Tuesday of every month. These sessions provide an opportunity for patients to come together, discuss important health topics, and access support within the community.

Our members have helped many patients get started with using the NHS App. If you require additional support with downloading, registering, or using the app, we can arrange further assistance.

We are always keen to welcome new members to the group. If you are interested in getting involved and helping to shape the services we provide, please complete the online registration form or speak to a member of our reception team.

Staff Profiles

Each newsletter we will highlight staff roles within our practice.

Our **Clinical Pharmacist** is a medicines expert who works directly with GPs and patients to make sure medications are safe, effective, and appropriate. They carry out medication reviews, handle prescribing issues, and support safer use of medicines to improve patient outcomes and reduce GP workload.

Our **Pharmacy Technician** plays an important role within the practice, helping to ensure patients receive the most appropriate medicines and support. They work closely with GPs, and other healthcare professionals to review medications, answer medication-related queries, and support patients in getting the best outcomes from their treatment.

NEWSLETTER

Health Campaigns



Raising vital awareness and funds to get closer to our vision of finding a cure for all types of brain tumours.



Ovarian cancer is a disease that can disrupt the normal function of the ovaries. If it's left unchecked, it can affect other parts of the body too.



Increasing public awareness about both the causes and cures for our modern stress epidemic.



Encourages people to walk more throughout May.

Clinical Research

Heath Lane Surgery has been part of Health Research for 9 years. Over these years we have supported the National Institute for Health Research (NIHR) including a number of studies in Dermatology, Respiratory, Immunisation and Diabetes.

We remain committed to supporting health research and are proud to have been selected as one of only four practices across Leicester, Leicestershire, and Rutland to work collaboratively with the University Hospitals of Leicester Commercial Research Delivery Centre. You may be contacted by Kate Ellis who is part of our Practice Team with opportunities to participate in studies that we think maybe suitable for you. Taking part in research is entirely voluntary, but it helps to improve healthcare and develop new treatments for patients now and in the future.

Charity Giving Statement

At Heath Lane Surgery, we have proudly supported and contributed to charitable causes for many years.

In 2025, we raised over £1,000 for the Macmillan Cancer Support charity through a range of fundraising activities organised by our team.

We have also registered as a National Bra Bank, enabling us to support the charity Against Breast Cancer. Donated bras are collected and recycled, with the proceeds helping to fund vital breast cancer research and awareness initiatives.

We recognise that the Christmas period can be a difficult time for many people within our community. To help support local families, we organised a Children's Toy Drive and Food Bank collection. Thanks to the generosity of our staff, a variety of toys and food donations were delivered to local charities for distribution during the festive season.